



Ontario Harm Reduction Distributing Program (OHRDP) provides sterile cotton pellet filters in blister packs of five. They are made of densely packed cotton, are sterile, and pre-packed making it easier for staff and volunteers to prepare supplies for service users.

Here is a step-by-step guide on how to use the filters:



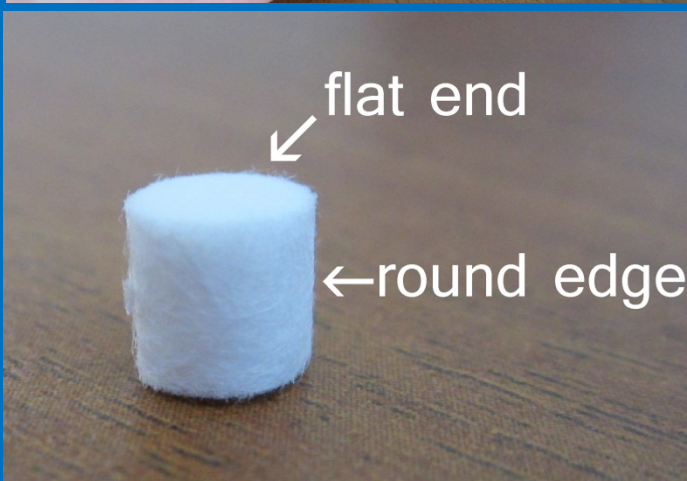
Step 1

Make sure your hands and the space you are using to prepare your drug(s) are clean before opening the filter package.



Step 2

Place a filter in the cooker.
Try not to touch the filter with your hands.



Step 3

Make sure the flat end of the filter is facing up.

← see picture





Step 4

Place the needle into the filter through the flat end.



Step 5

Ensure the tip of the needle is in the centre of the filter and has not pierced all the way through.

Draw up liquid slowly.



Step 6

Throw out the used filter and all other supplies immediately.

Don't share and don't re-use supplies.

If you're still having trouble:

- Try using the other side of the filter. You may have been inserting the needle into the wrong side
- Using the wrong side of the filter may cause your needle to become dull, bend, or break
- Ask your needle syringe worker for help or check out: www.ohrdp.ca



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