



Ontario Harm Reduction Distributing Program (OHRDP) is distributing sterile cotton pellet filters in blister packs of five. These filters meet best practice recommendations, have a pore width of 0.22µm (so they hold less of the drug), are sterile, and pre-packed making it easier for staff and volunteers to prepare supplies for service users. This is the same filter that comes in the Stericup.

Here is a step-by-step guide on how to use the filters:



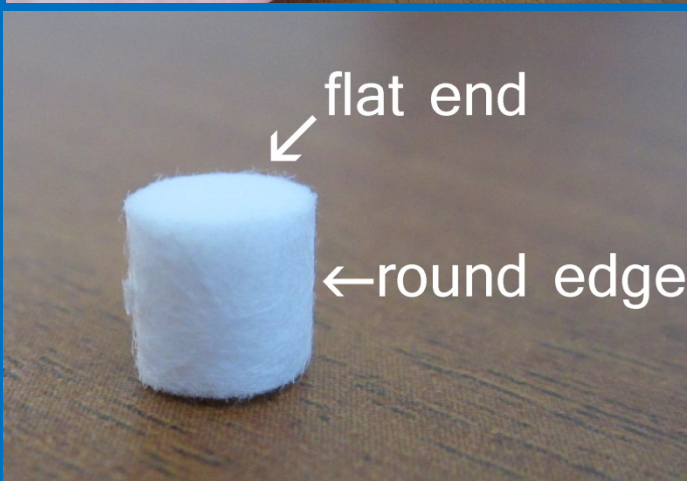
Step 1

Make sure your hands and the space you are using to prepare your drug(s) are clean before opening the filter package.



Step 2

Place a filter in the cooker.  
Try not to touch the filter with your hands.



Step 3

Make sure the flat end of the filter is facing up.

← see picture





### Step 4

Place the needle into the filter through the flat end.



### Step 5

Ensure the tip of the needle is in the centre of the filter and has not pierced all the way through.

Draw up liquid slowly.



### Step 6

Throw out the used filter and all other supplies immediately.

Don't share and don't re-use supplies.

### If you're still having trouble:

- Try using the other side of the filter. You may have been inserting the needle into the wrong side
- Using the wrong side of the filter may cause your needle to become dull, bend, or break
- Ask your needle syringe worker for help or check out: [www.ohrdp.ca](http://www.ohrdp.ca)



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